# Enrichment Options Booklet September – December 2024

We believe that success should not only come in the classroom, during our time with us, we want our young people to find their passion beyond the academic, and have the opportunity to grow and nuture this. We want our young people to find new talents and pursue these in a supportive and dynamic environment. We have a commitment that every child, regardless of background, can choose to take part in extra-curricular activities, trips and community engagement throughout their time in school.

Look through this booklet to find something you want to do for your enrichment in your first term with us. You can progress with this across the year, or change as you try multiple new skills.

You will not need to bring anything with you to the enrichment and materials will be provided for you unless stated otherwise.

You can do more than one enrichment activity in a week.



#### Tuesday Options

Title of club:

Mindfulness

Day - Tuesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mrs N Appleton - 21D

#### What will we be doing?

Mindfulness is simply being aware of what is happening right now without wishing it were different! Enjoying the pleasant without holding on when it changes (which it will) and being with the unpleasant without fearing it will always be this way (which it won't). Mindfulness involves activities and techniques to reduce stress and enjoy life a little more! We will check in with our emotions, draw and colour, listen to music and spend time outside.

#### Do I need any prior experience?

Mindfulness is suitable for everyone with no prior experience needed! It aims to help you:

- Become more self-aware.
- Feel calmer and less stressed.
- Feel more able to choose how to respond to your thoughts and feelings.
- Cope with difficult or unhelpful thoughts.
- Be kinder towards yourself.

#### Who is this suitable for?

Any student

#### What will I need?

Sometimes your PE kit/trainers will be needed when we go outside.

Mrs Appleton will let you know if this is the case.





Bullseye

Day - Tuesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Hamilton - CA House

#### What will we be doing?

"Let's Play Darts" a variety of different Darts Games using focus and precision. It is also useful to have quick mental maths too determine your next throw but not essential. Super, Smashing, Great!

#### Do I need any prior experience?

No prior experience required to play. Darts can be played and enjoyed by anyone. It is easy to set up, simple to learn and most importantly fun.

#### Who is this suitable for?

Suitable for all year groups.

#### What will I need?

You won't need to bring anything, just a steady arm.





Chess Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mr Turnbull - 20B

#### What will we be doing?

Students will be playing Chess with each other. This is a very tactical game which has several benefits in reality when practised and played frequently.

#### Do I need any prior experience?

Experience is preferable but new players can be taught the rules.

#### Who is this suitable for?

Everyone wishing to take part in a competitive, fun and extremely tactical game!

#### What will I need?

Nothing. The boards will be provided.





Badminton - Boys Club

Day - Tuesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Bellamey - Sports Hall

#### What will we be doing?

Developing fundamental skills and knowledge of the game. Playing fun and challenging games that develop students as badminton performers. Opportunities to playing in singles and doubles matches.

#### Do I need any prior experience?

All boys are welcome. No experience required, just a willingness to learn.

#### Who is this suitable for?

Anyone who want to improve as a badminton performer, increase their fitness and have fun!

#### What will I need?

Cleethorpes Academy PE kit and trainers





Title of club: French Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mrs Carlile - 22F

What will we be doing?

Learning basic French.

Do I need any prior experience?

No prior experience needed; everyone is welcome.

Who is this suitable for?

Suitable for all students.

What will I need?

A pen.





**Brass Band** 

Day - Tuesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Clarke - 50B

#### What will we be doing?

Students will learn the basics of playing a brass instrument, and will develop to become competent musicians playing a wide and diverse genre of music.

#### Do I need any prior experience?

No prior experience is needed.

#### Who is this suitable for?

The group is designed for beginner musicians with no prior musical experience. Of course, musicians with experience of playing a brass instrument will be more than welcome to attend.

#### What will I need?

Nothing, all instruments provided.





Fact or Fiction?

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Miss Cooke - 21C

#### What will we be doing?

Using skills of interpretation to look at mysteries to try and solve the case. Are these things that happened actually true/are they a myth?

Do I need any prior experience?

No prior experience needed.

Who is this suitable for?

Suitable for all students.

What will I need?

Nothing, just yourselves.

Title of club:

Minecraft Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mr Goodey - 21G

What will we be doing?

Minecraft - working through the campaign story as a group.

Do I need any prior experience?

No experience required. If students have played previously then it will be a bonus.

Who is this suitable for?

All year groups.

What will I need?

Nothing additional required.







Film Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mrs Jakins & Mrs Moorhouse - 226

What will we be doing?

Watching age-appropriate films and movies.

Do I need any prior experience?

None required.

Who is this suitable for?

Y7-Y9 students.

What will I need?

Nothing, just yourselves.

Title of club:

Cheerleading

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Miss K Harrison - Sports Hall

#### What will we be doing?

Building up confidence with cheerleading skills and creating fun routines for shows and competitions. Skills will include tumbling, stunts, jumps, dance and pom routines.

Do I need any prior experience?

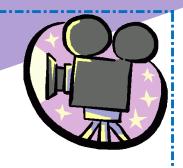
No experience essential, but any cheer, dance or gymnastic experience preferred.

Who is this suitable for?

Any student who is interested in cheerleading and performances.

What will I need?

PE kit and trainers.







Title of club:
Arts Award Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mrs Poland - 31D

#### What will we be doing?

Students are invited to develop skills in developing 3D Art such as ceramic tiles. (You may be working on props for the new school production).

#### Do I need any prior experience?

No experience necessary you will be taught techniques.

#### Who is this suitable for?

Suitable for all year groups.

#### What will I need?

Nothing, all art materials supplied.

#### Title of club:

Bananagrams Club

Day - Tuesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mrs Read - 22F

#### What will we be doing?

We will be learning to play Bananagrams, the world's best word game. Similar to Scrabble, but faster, and actually FUN!

#### Do I need any prior experience?

No, you will quickly learn how to play.

#### Who is this suitable for?

Anyone, but especially to people who wish to defeat Mrs Read, the region's BEST Bananagrams player.\* (\*I have no evidence to substantiate this, I just think I might be)

#### What will I need?

You will only need to bring your A-GAME and a sense of humour!







Netball Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Miss Rimmer and Miss Warner - PE Block - Netball Courts



#### What will we be doing?

We will be developing netball skills and participating in games. There will be opportunities to represent the academy in netball tournaments against other schools.

#### Do I need any prior experience?

No prior experience needed; all students welcome.

#### Who is this suitable for?

Any students with an interest in Netball.

#### What will I need?

PE kit & trainers.

Title of club: Karaoke Club

Day - Tuesdays - 3-4pm

Staff Name and Location / Classroom:

Mrs Tully & Miss Read - 31L

#### What will we be doing?

Can you belt a tune like Adele? Karaoke club will be an hour of singing fun tunes and having a good time with friends. There is no pressure to put on a show or be part of a production, just a fun way for people to sing.

Do I need any prior experience?

No prior experience needed.

Who is this suitable for?

Everyone - staff and students all welcome!!!

What will I need?

Just yourself and a list of songs to get yourself involved!





# **Wednesday Options**

Title of club:

Design & Technology Club

Day - Wednesdays - 3-4pm

Staff Name and Location / Classroom:

Miss Arnold - 30D

What will we be doing?

Learning new skills and making various things.

Do I need any prior experience?

No prior experience needed.

Who is this suitable for?

All year groups.

What will I need?

Nothing, all materials provided.





#### Title of club: Minecraft Club

Day - Wednesdays - 3-4pm

Staff Name and Location / Classroom: Mr Bashford - 21*G* 

#### What will we be doing?

Ever wanted to explore a cave, vast waters or another dimension? Ever wanted to mine different ores or even set up a quaint farm? Ever wanted to build your own civilisation and create your own rules? Minecraft is for you! This open world game can open many opportunities for your gameplay and let you choose your own destiny. Minecraft club will explore the basics of the game such as starting out and the first few days, building worlds and communities together and using creativity to act out own scenarios. Minecraft is a great way to enhance problem solving skills, communication, teamwork, managing resources and so much more!

#### Do I need any prior experience?

You do not need experience of playing Minecraft to join. We encourage students to try something new. We welcome all abilities and experiences. Difficulties and modes can be changed.

#### Who is this suitable for?

Anyone can participate. You can play alone, or with a group of friends or even find other students with common interest in the game.



Title of club: Boys Fitness Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Bellamey - PE Block - Fitness Suite

#### What will we be doing?

You will be improving your physical fitness through a variety of training methods. Increasing your knowledge of how to achieve training goals as well as developing an understanding of how the body works and responds to exercise. You will have opportunities to plan and complete your own training programme.

#### Do I need any prior experience?

All boys are welcome. No experience required, just a willingness to learn.

#### Who is this suitable for?

Anyone who want to improve physical fitness, increase their knowledge of a gym environment and have fun!

#### What will I need?

Cleethorpes Academy PE kit and trainers.





Science Club

Day - Wednesdays - 3-4pm

Staff Name and Location / Classroom:

Miss Gayfer - 40D

#### What will we be doing?

In science club you will be taking part in experiments, challenges and exciting demos. You will have the chance to design, create test structure and vehicles. Attend a special potions class and more.

Do I need any prior experience?

No experience is required.

Who is this suitable for?

This club is suitable for key stage 3 pupils.

What will I need?

All you need is enthusiasm and a curious mind.





Dungeons, Dragons and Warhammer Club

Day - Wednesdays - 3-4pm

Staff Name and Location / Classroom:

Mr. Ellis - 31J

#### What will we be doing?

You will be either creating a fantasy character that gains in experience as you travel with your party to new places, discovering secrets and vanquishing monsters; or trying your hand at the game of Warhammer and Warhammer 40K, play as either the Stormcast, Orks, Space Marines or Necrons and battle your foe to see who will win.

#### Do I need any prior experience?

No experience needed, just a willingness to learn the games rules and participate fully. If you have experience and would like to try and DM a game, please let Mr. Ellis know.

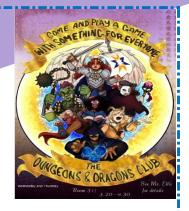
#### Who is this suitable for?

Suitable for everyone.

#### What will I need?

Pencil, rubber and paper/notepad is a must.

Gaming dice (D4, D6, D8, D10, D12, D20) is preferred but not required.





STEM Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mrs Ford - 30E

#### What will we be doing?

Develop STEM skills in creativity, problem solving, analysis, teamwork, independent thinking and communication through planned mini projects, competitions and real-life scenarios.

#### Do I need any prior experience?

No prior experience is needed - Just a love to create, make, engineer and design.

#### Who is this suitable for?

Suitable for all ages but must be committed as projects will generally run over multiple weeks.

#### What will I need?

You will need your usual school equipment and may use school aprons for messy work.





Girls Badminton Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Miss Rimmer - PE Block - Sports Hall

#### What will we be doing?

We will be developing badminton skills, participating in games and there are also opportunities to represent the Academy.

#### Do I need any prior experience?

No experience needed; all students welcome.

#### Who is this suitable for?

This is suitable for any girls interested in badminton.

#### What will I need?

Academy PE kit & trainers.





Debate Club

Day - Wednesdays - 3-4pm

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#### Staff Name and Location / Classroom:

Miss Wade - 20D

#### What will we be doing?

A free-form debate concerning topical issues in the news that week, or issues involving day to day school life and decisions. Practicing forming arguments, presenting them in a persuasive manner, and counteracting opposing viewpoints. Debating is a great way to build communication, listening, and critical thinking skills.

#### Do I need any prior experience?

No prior experience necessary.

#### Who is this suitable for?

Anyone who is enthusiastic about debating or arguing!

#### What will I need?

Just tons of enthusiasm and passion for debating!



Cooking Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Miss Watts - 40A

#### What will we be doing?

We will be cooking a variety of dishes to learn key culinary skills. We will be focusing on Chinese cooking.

#### Do I need any prior experience?

No prior experience is needed.

#### Who is this suitable for?

This is suitable for any student in the Academy who has an interest in cooking and in particular those who enjoy Asian foods.

#### What will I need?

All the ingredients will be provided by the Academy.





Title of club: Pop Band Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Turnbull - The Music Hall

### What will we be doing?

If you play an instrument - This is your chance to start jamming with new musicians.

#### Do I need any prior experience?

You need to know how to play an instrument.

#### What will I need?

Your instrument!





Graphic Design Club

Day - Wednesdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Russell - 22H

#### What will we be doing?

Have you ever fancied making art on the computer? If you would like to create a comic book story or even make the next work of art - Graphic Design Club could be for you! We will use lots of different software packages to create whatever you want, including Serif DrawPlus, Adobe Photoshop and more. We also have graphic tablets for you to experiment with!

#### Do I need any prior experience?

Prior experience is **not required**; however, you will need to feel somewhat confident in using graphic design software such as Serif DrawPlus or Adobe Photoshop. You do not need to be good at art to join, however, if you are good at art it may help.

#### Who is this suitable for?

Everyone can come along and try out Graphic Design Club. Naturally, you will need to have an interest in creating digital art on the computers - these may be large-scale projects like a comic book story or magazine, to smaller-scale projects such as designing and creating logos and avatars.

#### What will I need?

Everything that you will need is provided at Graphic Design Club, therefore there is no need to bring anything.



# **Thursday Options**

Title of club:

Fact or Fiction

Day - Thursdays - 3-4pm

Staff Name and Location / Classroom:

Miss Billings - 21B.

What will we be doing?

We will use evidence to test some of history's biggest conspiracies.

Do I need any prior experience?

No experience is needed.

Who is this suitable for?

Y7-Y9 students.





Y7-Y11 Boys Football Club

Day - Thursdays - 3-4pm

#### Staff Name and Location / Classroom:

PE Block - Field with Mr Blewitt and Mr Simmonds

#### What will we be doing?

We will be developing football skills, participating in games and there are also opportunities to represent the Academy football teams.

#### Do I need any prior experience?

No experience needed; all students welcome.

#### Who is this suitable for?

This is suitable for any boys interested in football.

#### What will I need?

Academy PE kit, football boots and shin pads.





Performing Arts Club

Day - Thursdays - 3-4pm



#### Staff Name and Location / Classroom:

Miss Croucher and Miss Harrison - Main Hall (stage) / Sports Hall.

#### What will we be doing?

All things Performing Arts including Contemporary dance, Physical Theatre, Musical Theatre, Script acting, TV acting and more! The material created can be used for school performances, shows or just for fun!

#### Do I need any prior experience?

This is an open and safe space for all to try new or existing skills!

#### Who is this suitable for?

Everyone with a LOVE for Performing Arts and a willingness to be creative and have fun!

#### What will I need?

P.E. Kit.



Cleethorpes Academy Press

Day - Thursdays - 3-4pm

Staff Name and Location / Classroom:

Miss Drew - 20F.

#### What will we be doing?

You will have the opportunity to share your voice on topics that are important to you and the rest of the student body and learn important English skills that will last a life time.

Do I need any prior experience?

No experience required.

Who is this suitable for?

All students are welcome.

What will I need?

You will need to bring yourself, stationary equipment and your bright ideas.

#### Title of club:

Art Club

Day - Thursdays - 3-4pm

#### Staff Name and Location / Classroom:

Miss Hales 30A

#### What will we be doing?

Art based projects including researching and applying for competitions.

#### Do I need any prior experience?

No prior experience needed.

#### Who is this suitable for?

All creative people welcome.







Board Games Club

Day - Thursdays - 3-4pm

Staff Name and Location / Classroom:

Mr Hill - 31C



#### What will we be doing?

Relaxing, chatting and unwinding after a busy school day whilst playing board games. With a different board game each week it is a different experience every time!

#### Do I need any prior experience?

No prior experience needed!

#### Who is this suitable for?

Suitable for anyone who is competitive, enjoys playing games, or anyone who likes to have a fun time with their friends.

#### What will I need?

Yourself is all you need!



#### Title of club - Dance

Day - Thursday - 3-4pm

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#### Staff Name and Location / Classroom -

Miss Moore & Miss Croucher, Sports Hall.

#### What will we be doing?

Various styles of dance; jazz, modern, contemporary, street and musical theatre all in preparation for our shows!

#### Do I need any prior experience?

No experience needed but dance experience is preferred.

#### Who is this suitable for?

Any student who is interested in dancing and performing and wishes to feature in dance performance pieces for our shows throughout the academic year.

#### What will I need?

PE kit and trainers.



Y7-Y11 Girls Football

Day - Thursdays - 3-4pm

#### Staff Name and Location / Classroom:

PE Block - Field - Miss Rimmer.

#### What will we be doing?

We will be developing football skills, participating in games and there are also opportunities to represent the Academy football teams.

#### Do I need any prior experience?

No experience needed; all students welcome.

#### Who is this suitable for?

This is suitable for any girls interested in football.

#### What will I need?

Academy PE kit, football boots and shin pads.

#### Title of club:

Lego Club

Day - Thursdays - 3-4pm

#### Staff Name and Location / Classroom:

Mr Ryan - 21F

#### What will we be doing?

Using Lego to develop social skills, problem solving, communication skills and boost self-confidence. Pupils will make projects throughout the school terms ranging from designing animal habitats to earthquake proof housing.

#### Do I need any prior experience?

No experience required.

#### Who is this suitable for?

All students.







Title of club: Photography Club

Day - Thursdays - 3-4pm

Staff Name and Location / Classroom:

Mrs Weatherley - 30G

#### What will we be doing?

Learn about different techniques to capture amazing images, show creativity and wow with those selfies

Do I need any prior experience?

No experience required.

Who is this suitable for?

All students with an interest in photography.

Title of club:

German Club

Day - Thursdays - 3-4pm

Staff Name and Location / Classroom:

Miss Wilde - 22E

#### What will we be doing?

Learn how to speak German, learn about our cultural differences, learn about The German Wall and what it was like to grow up in West-Berlin surrounded by a wall, have some fun with German tongue twisters.

Do I need any prior experience?

No experience needed.

Who is this suitable for?

Anybody who is interested in learning another language.







Dungeons, Dragons and Warhammer Club

Day - Thursday - 3-4pm

#### Staff Name and Location / Classroom:

Mr. Ellis - 31J



#### What will we be doing?

You will be either creating a fantasy character that gains in experience as you travel with your party to new places, discovering secrets and vanquishing monsters; or trying your hand at the game of Warhammer and Warhammer 40K, play as either the Stormcast, Orks, Space Marines or Necrons and battle your foe to see who will win.

#### Do I need any prior experience?

No experience needed, just a willingness to learn the games rules and participate fully. If you have experience and would like to try and DM a game, please let Mr. Ellis know.

#### Who is this suitable for?

Suitable for everyone.

#### What will I need?

Pencil, rubber and paper/notepad is a must.

Gaming dice (D4, D6, D8, D10, D12, D20) is preferred but not required.



Title of club - Believe in Your Shelf

Day - Thursdays - 3-4pm

# \* Believe in Your \* \* Siele \* \* \*

#### Staff Name and Location / Classroom

Mrs Peck - Library.

#### What will we be doing?

Discover the hidden gem of our school - the library! Whether you need a place to study, want to join a book club, or just need a chill spot to unwind, we've got you covered. Stop by after school and see what we have to offer!

#### Do I need any prior experience?

You don't need any prior experience to enjoy the school library after school. I will be there to help you find books, use resources, and get the most out of your visit. Whether you're new to libraries or a regular, everyone is welcome to explore and learn.

#### Who is this suitable for?

Everyone who loves reading, books and mindful spaces.

#### What will I need?

You simply need to know your CA number and your school email address.

