

E-Safety

Mobile Phones

Everybody now owns a mobile phone. Yours might be a simple communication or text device, or it may be a top of the range smartphone. Yours may have an inbuilt Camera, GPS and Bluetooth. These can be totally innocent and useful devices, but they also come with a degree of risk.

What to watch out for:

GPS lets you update where you are (Facebook?) – so, in turn, tells people your location. Have you thought who could be watching and checking this information?

Bluetooth helps you transfer data to your friend - it's also exposes you to those that want to hack your phone.

WHO TO SPEAK TO?

- Your parents or another trusted adult
- A teacher or senior member of staff
- A friend
- Another family member

You could also talk to:

- Barnardos - www.barnardos.co.uk
- ThinkUKnow - www.thinkuknow.co.uk
- NSPCC - www.nspcc.org.uk
- Child Exploitation and Online Protection Centre ceop.police.uk



CYBER BULLYING

Cyber bullying makes use of technology to bully individuals. Cyber bullying doesn't just happen at school; many cases occur outside the classroom.

Cyber bullying takes place in a virtual world which exists 24 hours a day, 7 days a week. Cyber bullying is on the rise with 48% of young people saying they have suffered from a form of cyber bullying at some time in their past.

Social Networking

Social networking websites are sites that allow people to communicate with each other. These sites allow friends to share interests and communicate using messaging systems. Popular social networking sites include: Facebook, Instagram, Snapchat, Twitter and TikTok.

Child Pornography

Social networking sites have also seen an increase in the sharing of illegal material.

Trolling

Sites are used to abuse and belittle people and is usually done by an anonymous account

The rise in the use of social networking websites has seen an increase in cyber bullying occurrences.

Sexting

Sexting is the act of sending indecent images of yourself to somebody else via a mobile phone. Once the image is sent, it is widely available in the digital world - it can then be difficult for the original owner of the image to prevent that image from being shared.

Sending an indecent image to somebody under the age of 18 is breaking the law and can lead to being prosecuted (Criminal Justice Act 1988).

Uploading Photos and Videos

With the increase in the speeds of the internet many video websites have seen a massive increase in the number of visitors. The king of video websites is YouTube.

Videos are often posted with personal information, such as where you live and other detail you should not be sharing.

Gaming

Online gaming sites can have many risks.

These include bullying, seeing information that could upset or offend and having to give up confidential information. Many youngsters often find that they 'must' win at all costs and may find themselves addicted to games such as 'Call of Duty', 'Fortnite' and 'FIFA'.

Games have age restrictions. This may be because a game has content that certain ages should not be viewing including inappropriate language, violence and sexual content.

Games often require you to add in personal details - this is then viewable via your profile.

Age restrictions exist for a reason.

Chat Rooms & IM

Chat rooms are areas of a websites where people meet to talk to each other. This can often be people your age with similar interests. Instant Messaging (IM) are technologies such as Messenger that allow you to talk more privately.

If you don't know the person - block them!

Don't share personal information - this could be used to steal your profile, defraud you or something even more sinister.

Never agree to meet someone you do not know.

Child Trafficking

Child trafficking is the movement of children internationally or nationally. It takes place for a variety of reasons but tends to occur because an adult has tricked the youngster into doing something they would not usually want to do.

The new, exciting life which has been promised turns out to be horrendous.

Child trafficking can include:

- ❖ Young people being sold for money;
- ❖ Young people being tricked into leaving home;
- ❖ Young people being given away by their family for money;
- ❖ Young people leaving home thinking they are moving on.

Hacking & Viruses

Hacking is the term given when somebody accesses your computer and/or information without you wanting them to. Mobile phones can also be hacked.

Viruses are things that can sometimes get onto your computer and then cause theft of your data or damage to your files.

There are millions of viruses in existence and most people will have encountered them. Using an anti-virus package helps protect your information and computer.

By using a firewall and by not accessing unreliable websites, you can prevent any hacking risks.

How to deal with it:

- ❖ Use an Anti-Virus package;
- ❖ Always use strong passwords and don't share these with anyone;
- ❖ Don't follow links to sites that you don't know;
- ❖ Don't download files from unknown sources.

County Lines

County line gangs are groups of people who sell and distribute drugs from large cities such as Liverpool, Manchester, Birmingham etc.

These gangs will target small towns such as Grimsby, seeking vulnerable people, including young children, to courier and sell drugs.

Signs of someone who may be involved in County Lines:

- ❖ Persistently going missing from school or home, or being found out of area;
- ❖ Unexplained acquisition of money, clothes or mobile phones;
- ❖ Excessive texts or phone calls;
- ❖ Leaving home or care without explanation.